

Dexamethasone tapering schedule of Nadir's ALS Remission Protocol

(updated on 9/25/2018)

Day	Dexamethasone (mg)
1	8
2	7
3	6
4	5
5-11	4
12-18	3.75
19-25	3.5
26-32	3.25
33-39	3
40-46	2.75
47-53	2.5
54-60	2.25
61-75	2
76-90	1.75
91-105	1.5
106-120	1.25
121-150	1
151-180	0.75
181-	0.5